**Mission Statement:**
To provide confidential, compassionate, one-on-one support for lung transplant recipients and their caregivers at all stages of transplantation through personal contact with a trained Mentor.

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**Joseph J. Carter’s Legacy**
When Joe Carter was diagnosed with Mounier-Kuhn Syndrome and was waiting to be listed for a lung transplant, he looked for a program to connect him with other people going through a similar experience. There was none.

Joe died at age 38 from congenital lung failure before being listed for transplant. He envisioned a mentorship program and hoped for the development of new procedures that would better ensure transplant success. Joe’s wife Shari, and their sons Zachary and Aiden, are helping fulfill Joe’s dream by sponsoring the LTF Mentorship Program.

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**What participants are saying...**
“The lung transplant process is such a long and difficult one, it is important for recipients to receive support from those who have gone before them. Many former transplant patients have experiences even the medical teams haven’t discovered. The mentorship program provides support and an important experiences check for those who have been given a second chance at life.”
— Grey Hall, LTF Mentee

“I was a Mentee before signing up to be a Mentor. This was such a blessing in the early stage of my post lung transplant recovery. Just knowing my Mentor is also a lung transplant patient was even more comforting. My Mentor was a gifted listener! I feel blessed to be involved with such a wonderful organization like LTF. Thus, I’ve decided to take on a Mentor role and give back.”
— Maqsuda Kabir, LTF Mentor

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**Contact Us**
ltfmentor@lungtransplantfoundation.org
lungtransplantfoundation.org

For more information about the Mentorship Program:
lungtransplantfoundation.org/mentorship

LUNG TRANSPLANT FOUNDATION
1249 Kildaire Farm Road, Suite 323
Cary, NC 28511
Program Benefits for Patients and Caregivers

- Program created and administered by lung transplant recipients for lung transplant recipients and caregivers
- A free service available to lung transplant patients and caregivers nationwide
- Knowledgeable recipients and caregivers are less stressed and better able to handle the demands throughout their transplant journey
- Well-supported lung transplant recipients and caregivers improve overall compliance and success

Why become a Mentor

- Give back to others in the transplant community
- Share your personal experience and provide insight about the transplant process and how best to be successful
- Provide emotional support for others going through the transplant process
- Contribute to the successful preparation and recovery of lung transplant patients and caregivers

“I’ve thoroughly enjoyed getting to know my mentee and her family, cried when she got ‘the call,’ and marvel at how well she is doing. She started out nervous and scared and has become very strong and confident. This is the best decision I’ve made since my transplant.”
  —Karen Carlson, LTF Mentor

Now you have a place to turn for support

Who We Are
The Lung Transplant Foundation (LTF) is a national nonprofit organization that improves the lives of lung transplant patients and their families through research, education, advocacy and patient services.

LTF Mentorship Program

Lung transplantation can be overwhelming. Whether you are a pre- or post-lung transplant patient or a caregiver, having someone to talk to who has been through it before may help throughout your transplant journey, leading to greater success. Now, you have a place to turn for support.

How can a Mentor help?
LTF Mentors are trained to be good listeners. They provide encouragement and information based on personal experience. The LTF Mentor experience is tailored to your needs:

- Ask questions of someone who has similar personal experience
- Learn creative ways to deal with issues surrounding lung transplant or unexpected health issues
- Share concerns and express difficult feelings about what you are going through
- Gain confidence while facing transplant-related challenges and adjusting to your new “normal”

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The Lung Transplant Foundation is a 501(c)3 non-profit organization, so contributions are deductible to the fullest extent allowed by law.

Sign up for a recipient Mentor
Sign up for a caregiver Mentor
visit:
lungtransplantfoundation.org/request-mentor/

Request your mentor today!

Spread the word:
Refer the program to other patients and caregivers

Donate to LTF:
lungtransplantfoundation.org/donate/